



# Member Bulletin

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## Smile, California: Medi-Cal Has Dental Covered

As eligible Medi-Cal members, your benefits and your child's benefits include dental coverage! Medi-Cal provides free or low-cost dental services to eligible members to help keep you and your smile healthy.

Visit [SmileCalifornia.org](http://SmileCalifornia.org), a new user-friendly website made to help you learn more about your dental benefits, the services covered, and how to find a dentist near you.

### A few friendly reminders:

**Adult dental benefits have been fully restored.** As of January 1, 2018, the Department of Health Care Services (DHCS) restored adult dental benefits for members ages 21 and older with full-scope dental coverage.

**First tooth, first birthday, first visit.** Your baby should visit the dentist as soon as their first tooth comes in or by their first birthday, whichever comes first.

**Seal today to prevent decay.** Talk to your child's dentist about molar sealants. Sealants are protective coatings that help prevent cavities.

For more information, please visit [SmileCalifornia.org](http://SmileCalifornia.org) or call a Medi-Cal Dental representative at the Telephone Service Center at 1-800-322-6384. Medi-Cal Dental representatives are available to answer your questions from 8:00 a.m. to 5:00 p.m., Monday through Friday.

Learn more about free or low-cost dental services to help keep you and your smile healthy at:

[SmileCalifornia.org](http://SmileCalifornia.org)

## FIND A DENTIST

Click for a complete list of Medi-Cal dental providers in your area.

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# Find a Dentist!

Do you need to find a Medi-Cal Dental provider near you? You can easily search for dental offices and clinics who see Medi-Cal patients by using the Denti-Cal Provider Directory!

To find the directory, click the Find a Dentist button on the Smile, California website at [SmileCalifornia.org](https://www.denti-cal.ca.gov/find-a-dentist/home) or on the Denti-Cal website at <https://www.denti-cal.ca.gov/find-a-dentist/home>.

The Denti-Cal Provider Directory does not guarantee a dental office or clinic will accept additional Medi-Cal patients at the time you contact them.

If you cannot find a dental provider in your area, please call the Telephone Service Center for help at 1-800-322-6384. Medi-Cal Dental representatives are available to answer your questions from 8:00 a.m. to 5:00 p.m., Monday through Friday.

## Know Your Benefits



























Keeping your teeth healthy is one of the best things you can do for your overall health. Daily brushing and flossing are important healthy habits, and so is going to the dentist regularly. As eligible Medi-Cal members, it is important to know what benefits are available to you!

Below is a benefits quick reference guide effective January 1, 2018. More information about how to use your benefits and benefit limitations can be found in the 2018 Beneficiary Handbook at [SmileCalifornia.org](https://www.smilecalifornia.org).

✔ Benefit      ✗ Not a Benefit				
limitations can be found in the 2018 Beneficiary Handbook at <a href="https://www.smilecalifornia.org">SmileCalifornia.org</a> .				
Procedure	Full Scope	Restricted Scope	Pregnancy Related	Residing in a Facility (SNF/ICF)
Oral Evaluation (Under age 3)*	✔	✗	✗	✔
Initial Exam (Age 3 and above)	✔	✗	✔	✔
Periodic Exam (Age 3 and above)	✔	✗	✔	✔
Prophylaxis	✔	✗	✔	✔
Fluoride	✔	✗	✔	✔
Restorative Services – Amalgams/Composites/ Pre-fabricated Crowns	✔	✗	✔	✔
Laboratory Processed Crowns*	✔	✗	✔	✔
Scaling and Root Planing*	✔	✗	✔	✔
Full Mouth Debridement	✗	✗	✗	✔
Anterior Root Canals	✔	✗	✔	✔

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 Benefit  Not a Benefit				
Procedure	Full Scope	Restricted Scope	Pregnancy Related	Residing in a Facility (SNF/ICF)
Periodontal Maintenance				
Posterior Root Canals				
Partial Dentures				
Full Dentures				
Extractions/Oral and Maxillofacial Surgery				
Emergency Services				

**Exceptions:** Benefits vary by age for services marked with this symbol \*. Please see the 2018 Beneficiary Handbook for more information.

During your first visit, show your Medi-Cal Benefits Identification Card (BIC) to your dentist so they can help you access your dental benefits. Your dentist will tell you which services you qualify for and which services Medi-Cal does not cover. Your dentist can help you decide the best treatment.

For more information, please visit [SmileCalifornia.org](http://SmileCalifornia.org) or call a Medi-Cal Dental representative at the Telephone Service Center at 1-800-322-6384. Medi-Cal Dental representatives are available to answer your questions from 8:00 a.m. to 5:00 p.m., Monday through Friday.

## October is National Dental Hygiene and Orthodontic Health Month

October is National Dental Hygiene and National Orthodontic Health Month! Did you know that keeping your mouth clean is an important part of your overall health? You should brush, floss, and go to your dentist regularly. The American Dental Association's (ADA) [Mouth Healthy website](#) suggests that you:

- Use a properly fitted toothbrush to brush your teeth two times each day.
- Replace your toothbrush after three to four months, or sooner if needed.
- Brush with an ADA compliant toothbrush. Check the packaging for the ADA-accepted seal.

Keeping your mouth clean is a must when you have braces! Don't forget to use a toothbrush, interproximal brush, and floss when cleaning your teeth. Check out the American Association of Orthodontists article [Six Must-Haves for Cleaning Teeth with Braces or Aligners When You're on the Go](#) for more information. You can also ask your Medi-Cal dentist for more ways to keep your smile clean.

You can find more helpful tips and tools on the new Smile, California website at [SmileCalifornia.org](http://SmileCalifornia.org).



# Language Assistance

## **English**

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-800-322-6384 (TTY: 1-800-735-2922).

## **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tiếng Việt (Vietnamese)**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-322-6384 (TTY: 1-800-735-2922).

## **Tagalog (Tagalog – Filipino)**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-322-6384 (TTY: 1-800-735-2922).

## **한국어 (Korean)**

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다.

1-800-322-6384 (TTY: 1-800-735-2922).번으로 전화해 주십시오.

## **繁體中文 (Chinese)**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-322-6384 (TTY: 1-800-735-2922)。

## **Հայերեն (Armenian)**

ՈՒՇԱԴՐՈՒԹՅՈՒՆ ԵՐԵ խոսուի եր հայերեն, ապաձեզ անվճար կարող են տրամադրվել լեզվական աջակցություններ։ Ձանգահարեք 1-800-322-6384 (TTY (հեռատիպ)՝ 1-800-735-2922):

## **Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-322-6384 (телетайп: 1-800-735-2922).

## **فارسی (Farsi)**

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-322-6384 (TTY: 1-800-735-2922) تماس بگیرید.

## **日本語 (Japanese)**

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-322-6384 (TTY: 1-800-735-2922) まで、お電話にてご連絡ください。

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